

**Application Guidelines  
for  
the Graduate School of Health and Welfare Science  
(Master's Courses)  
Okayama Prefectural University (OPU)  
for  
the 2024 Academic Year**

**(For Summer & Winter Application)**



The Graduate School of Health and Welfare Science, Okayama Prefectural University has master's courses in nursing science, nutritional science, and health and welfare science.  
Please read program details thoroughly before submitting your application by predetermined deadline.

### Admissions Schedule Overview

#### Summer Application

Items	Schedule/Relevant Applicants/Examination Venue, etc.
Preliminary Consultation for Disabled Applicants	<b>Until Friday, July 14, 2023</b>
Submission of Application for Qualification Screening	<b>Until Monday, July 24, 2023</b> (Notes) Applicants falling into any of the following categories: Qualification 8, 9 or 10 of A on page 3 (common for ordinary and special examinations for both adult and overseas students) They should have interview with the director or supervisor of the master's course they are interested in prior to submitting their application.
Interview with the Master's Course Director / Supervisor	<b>Until Monday, July 24, 2023</b>
Application Period	<b>From Monday, July 31, 2023 to Friday, August 4, 2023</b>
Examination Date and Venue	<b>Wednesday, August 23, 2023, at Okayama Prefectural University</b>
Announcement of Successful Applicants	<b>Friday, September 1, 2023</b>
Enrollment Procedures	<b>From Monday, September 11, 2023 to Wednesday, September 13, 2023</b> Entrance Examination Admission Card, Affidavit, Certificate of Residence, Entrance Fee, and 1 photo described in VI D on page 14
	<b>Until Sunday, March 31, 2024</b> Certificate of Graduation described in VI D on page 14

#### Winter Application

Items	Schedule/Relevant Applicants/Examination Venue, etc.
Preliminary Consultation for Disabled Applicants	<b>Until Monday, December 4, 2023</b>
Submission of Application for Qualification Screening	<b>Until Monday, December 11, 2023</b> (Notes) Applicants falling into any of the following categories: Qualification 8, 9 or 10 of A on page 3 (common for ordinary and special examinations for both adult and overseas students) They should have interview with the director or supervisor of the master's course they are interested in prior to submitting their application.
Interview with the Master's Course Director / Supervisor	<b>Until Monday, December 11, 2023</b>
Application Period	<b>From Monday, December 18, 2023 to Friday, December 22, 2023</b>
Examination Date and Venue	<b>Thursday, January 18, 2024, at Okayama Prefectural University</b>
Announcement of Successful Applicants	<b>Friday, January 26, 2024</b>
Enrollment Procedures	<b>From Thursday, March 14, 2024 to Friday, March 15, 2024</b> Entrance Examination Admission Card, Affidavit, Certificate of Residence, Entrance Fee, and 1 photo described in VI D on page 14
	<b>Until Sunday, March 31, 2024</b> Certificate of Graduation described in VI D on page 14

## Table of Contents

### Admission Policy of the Graduate School of Health and Welfare Science, Okayama Prefectural University

I	Admission Policy of the Master's Course of Nursing Science	1
II	Admission Policy of the Master's Course of Nutritional Science	1
III	Admission Policy of the Master's Course of Health and Welfare Science	2

### Application Guidelines of the Graduate School of Health and Welfare Science (Master's Courses), Okayama Prefectural University

I	Enrollment Capacity	3
II	Qualifications for Application	3
III	Application Procedures	4
IV	Examination Schedule	10
V	Announcement of Successful Applicants	13
VI	Enrollment Procedures	14
VII	First-Year Payment	15
VIII	Degree Field Appended on the Master's Diploma	16
IX	Subject Registration for Adult Students	16
X	Security Export Control	17
XI	Scholarships and Tuition Exemptions	17
XII	Important Points for Eligibility to Take the National Public Health Nursing Examination for Students Enrolled in the Master's Course of Nursing Science	17
XIII	Personal Information	17

### Invitation from the Graduate School of Health and Welfare Science (Master's Courses), Okayama Prefectural University

I	Overview of the Master's Course of Nursing Science	19
II	Overview of the Master's Course of Nutritional Science	22
III	Overview of the Master's Course of Health and Welfare Science	25

	Map to Examination Venue	28
--	--------------------------	----

#### <Important Notice>

Due to the COVID-19 pandemic, the schedule and procedures of the entrance examination may change. Please check for the most recent information on the official Okayama Prefectural University website.

#### **Online Application for the 2024 Academic Year Entrance Examination**

Okayama Prefectural University implemented an online application system for the graduate school entrance examination from the 2020 academic year to improve applicant convenience and institutional efficiency.

The online application system enables applicants to apply 24 hours a day during the application period and alleviates the need to request the paper-based Applicant Guidelines.

Please note that some documents such as the Certificate of Graduation (Prospective Graduation) and transcripts will still need to be sent by mail.

Availability of the downloadable Applicant Guidelines for each of the examination categories on the official Okayama Prefectural University website is to be announced.

If you do not have the required Internet environment, please contact the university staff using the contact information provided in the Application Guidelines.

## **Admission Policy of the Graduate School of Health and Welfare Science, Okayama Prefectural University**

The Graduate School of Health and Welfare Science cultivates specialists with advanced knowledge and skill, and research competence qualified to identify and resolve issues in the field of health, medical care, and welfare, and capable of contributing to the broad development of a society in which everyone can enjoy healthy and fulfilling lives.

In order to achieve this goal, each course selects students from a broad range of candidates in Japan and overseas.

### **Admission Policy of the Master's Course in Nursing Science**

The Master's Course in Nursing Science seeks to provide individuals with interdisciplinary and advanced specialized knowledge in nursing care and basic research to nurture individuals capable of developing effective and wide ranging solutions in the field of health and welfare through research, practice and teaching in both domestic and international settings in response to social needs. This course also has a public health nurse training program.

This Master's Course seeks individuals highly motivated to pursue scientific research using their broad knowledge in the field of nursing science, cognitive and logical thinking and decision-making skills, and their advanced sense of compassion and ethics. The Course also seeks individuals with competence in communication skills, including English, and nursing care ability gained through academic and practical experience in both domestic and international settings.

The Course selects candidates through a written examination designed to assess their foreign language (English) competence, an oral examination designed to assess their specialized knowledge in nursing science, thinking ability and decision-making skills, and an interview to evaluate their suitability for this field, passion for nursing, and motivation for research.

### **Admission Policy of the Master's Course in Nutritional Science**

The Master's Course in Nutritional Science seeks to provide individuals with advanced specialized knowledge that facilitates their ability to find solutions to wide ranging health-related nutritional issues, such as food functions and clinical nutrition, and nurture their ability to identify and address problems to respond to social needs.

This Course is looking for individuals with a passion for research in the field of nutritional science using knowledge accumulated in their undergraduate studies, their scientific and ethical thinking and decision-making skills, their ethical perspective and sense of humanity. The Course also welcomes individuals who have worked to improve their communication skills, including English competence, through academic and practical experience in both domestic and international settings.

The Course selects candidates through a written examination designed to assess their foreign language (English) competence, an oral examination designed to assess their specialized knowledge in the field of nutritional science, thinking ability and decision-making skills, and an interview to evaluate their suitability for this field and motivation for research. Special examinations (for adult and overseas students) include a written examination of foreign language (English) skill, and an interview to assess suitability and motivation for research.

## **Admission Policy of the Master's Course in Health and Welfare Science**

The Master's Course in Health and Welfare Science fosters individuals with expertise in addressing clinical and policy issues related to health and welfare science through organizational research and education that provides opportunities for students to master both theory and technique in health and welfare science.

This Master's Course will be of particular interest to individuals with a strong desire to apply their broad knowledge and ethical thinking skills to scientific research in health and welfare science, hone their decision-making abilities, and contribute to humanity with a high sense of ethics. The Course also seeks individuals with the ability to communicate, including competence in English, developed through academic and practical experience in both domestic and international settings.

The Course selects candidates through a written examination designed to assess their foreign language (English) competence, an oral examination designed to assess their specialized knowledge in health and welfare science, thinking ability and decision-making skills, and an interview to evaluate their suitability for this field and motivation for research. Special examinations (for overseas students) include a written examination of foreign language (English) skill, and an interview to assess suitability and motivation for research.

## **Application Guidelines of the Graduate School of Health and Welfare Science (Master's Courses), Okayama Prefectural University**

### **I . Enrollment Capacity**

(people)

Courses	Enrollment Capacity		Examination Date	
	Summer	Winter		
Master's Course of Nursing Science	7	Flexible	Summer Application	Wednesday, August 23, 2023
Master's Course of Nutritional Science	6	Flexible		
Master's Course of Health and Welfare Science	7	Flexible	Winter Application	Thursday, January 18, 2024
Total	20			

(Notes)

- I Enrollment capacities include students accepted through ordinary examination, and special examination (adult/ overseas applicants).
- II In case capacity is not reached, additional recruitment will be held.
- III In the Master's Course of Nursing Science, students will be able to obtain qualifications for taking the National Public Health Nursing Examination after taking 31 credits of the subjects required for becoming a public health nurse in addition to the 30 credits of the course completion requirement.
- IV Winter Application for the Master's Course of Nursing Science will not be conducted if the admission capacity is filled in Summer Application.

### **II Qualifications for Application**

#### **A Ordinary Examination**

Applicants must fall under one of the following:

1. Have graduated from a university as specified in Article 83 of the School Education Act (Act No. 26 of 1947), or plan to graduate by March 31, 2024.
2. Hold a bachelor's degree as specified in Article 104, paragraph 4 of the School Education Act, or plan to hold said degree by March 31, 2024.
3. Have completed a 16-year curriculum of school education in an overseas country, or plan to complete such a curriculum by March 31, 2024.
4. Have completed a 16-year curriculum of school education of an overseas country through correspondence education conducted by a relevant overseas school while in Japan, or plan to complete such by March 31, 2024.
5. Have completed the curriculum of an overseas educational facility in Japan recognized under the relevant overseas country's school education system and designated separately by the Minister of Education, Culture, Sports, Science and Technology, or plan to complete such by March 31, 2024.
6. Have completed after the date specified by the Minister of Education, Culture, Sports, Science and Technology a specialized program at a vocational school designated separately by the Minister of Education, Culture, Sports, Science and Technology, or plan to complete such by March 31, 2024.
7. Have been designated by the Minister of Education, Culture, Sports, Science and Technology (Notification of Ministry of Education, No. 5 of 1953)
8. Have been enrolled in a graduate school as specified by Article 102, paragraph 2 of the School Education Act and recognized by the president as possessing academic ability sufficient to receive education at a graduate school.
9. Have been recognized by the president as possessing academic ability equal to or surpassing the level of a university graduate through individual examination for admission and who is or will have reached the age of 22 by March 31, 2024.

10. Have attended a university for three years by or before March 31, 2024(including a school or program designated as equivalent by the Minister of Education, Culture, Sports, Science and Technology) and be recognized by the president as having earned specified credits with outstanding academic achievement.

\* Applicants wishing to apply for admission under Qualification 8, 9 or 10 will be screened before application is accepted. (See the subparagraph III-I)

### **B Special Examination (Adult Students)**

Applicants must fall under all of the following:

1. Must fall into one of the categories from 1 to 10 in II-A.
2. Must be engaged in professional practice at a medical, health, or welfare facility, an education and research institution, public office or company at the time of application and have the intention to continue to work after the enrollment.

\* Applicants wishing to apply for admission under Qualification 8, 9 or 10 will be screened before application is accepted. (See the subparagraph III-I)

### **C Special Examination (Overseas Students)**

Applicants must fall under all of the following:

1. Must fall into one of the categories from 1 to 10 in II-A.
2. Must be of non-Japanese nationality, have “Student” resident status as stipulated in the Immigration Control and Refugee Recognition Act (Cabinet Order No. 319 of 1951) or be able to obtain “Student” residence status after finishing enrollment procedures.
3. It is preferred to have Japanese language - N2 level or better.

\* Applicants wishing to apply for admission under Qualification 8, 9 or 10 will be screened before application is accepted. (See the subparagraph III-I)

## **III Application Procedures**

### **A Application**

Please place all the documents required for the application, including those downloaded from the online application system, in a “Kakugata 2-gou” envelope (332mmH x 240mmW) and submit by simplified registered express mail.

However, you may bring those documents only on the last day of the enrollment procedure period, between 9:00 and 17:00.

When you bring those documents in person, please make it sure to contact Admissions Service Section, Educational Affairs Division, OPU by the day before you bring them.

Applicants filing from outside of Japan are requested to provide a contact address in Japan to which the documents may be sent. (If no contact address in Japan is listed, the university will send documents to the listed address abroad.)

### **B Application Period**

#### **1. Summer Application**

<b>From Monday, July 31, 2023 to Friday, August 4, 2023</b>
---

(Notes)

I Only those application documents which are sent by simplified registered express mail with postmarked on or before Saturday, August 5 shall be accepted.

\* In cases where you send documents from outside of Japan, the documents must be reached on or before August 3(Thurs.), 2023 JST.

II Please note that we will not provide any information regarding the delivery.

#### **2. Winter Application**

**From Monday, December 18, 2023 to Friday, December 22, 2023**

(Notes)

I Only those application documents which are sent by simplified registered express mail with postmarked on or before Thursday, December 21 shall be accepted.

\* In cases where you send documents from outside of Japan, the documents must be reached on or before December 23 (Satur.), 2023 JST.

II Please note that we will not provide any information regarding the delivery.

**C Where to send:**

Admissions Service Section, Educational Affairs Division

Okayama Prefectural University

111 Kuboki, Soja-shi, Okayama Pref. 719-1197

**D Application Documents**

Application Documents Required	Preparation Procedures
1.Application Form (Original Form)	<p>After completing the online application, please print out and submit the required documents in accordance with the Online Application Guidelines provided separately.</p> <p>Write “Course” with reference to “Overview of Courses” in paragraph I -1 on page 19, II -1 on page 22 and III -1 on page 25.</p> <p>Please write the name of the supervisor who gave an interview and approval for the application in the “Supervisor who approved your application” column (See the subparagraph III-F).</p>
2.Certificate of Graduation (Prospective Graduation)	<p>The certificate must be issued and sealed by the president or the dean of the relevant university.</p> <p>Applicants who have graduated or will graduate from our university are exempt.</p>
3.Transcripts	<p>Transcripts must be issued and sealed by the president or the dean of the relevant university.</p> <p>Submit the transcripts listing grades of all credits obtained while at the university.</p>
4.Resume	<p>Applicant must fill out the form provided.</p> <p>Please download the prescribed Form from the official Okayama Prefectural University website.</p> <p>Applicants who have completed or will complete the 15-year or 16-year curriculum of school education in an overseas country are required to include a complete academic history from entrance to elementary school.</p> <p>Applicants filing from outside of Japan are asked to provide a contact address in Japan for emergencies in addition to an address in their home country.</p>



Application Documents Required	Preparation Procedures
5.Statement of Purpose for Research	Applicant must fill out the prescribed Form provided. Write the listed in the space for “Course” on the Application Form <b>(Original Form)</b> .
6.Others	<p>a) Applicants who wish to work while enrolled in a doctoral course are required to submit approval for application from their office or company. Please download the forms from the official OPU website.</p> <p>b) As for the special entrance examination (for foreign students), if you have any documents certifying your Japanese language ability, please submit a copy of each.</p> <p>c) Overseas applicants residing in Japan are required to submit a copy of the “certificate of residence” which includes status of residence and period of stay issued by the mayor of the municipal office. Overseas applicants that are not registered residents must submit a copy of the page in their passport that shows their name, birth date and sex.</p> <p>d) Applicants falling under Qualification 2 in II are required to submit documents according to the following classification:</p> <p>(1) Applicants who possess a bachelor’s degree</p> <ul style="list-style-type: none"> <li>· Certification of bachelor’s degree issued by the National Institution for Academic Degrees and Quality Enhancement of Higher Education</li> </ul> <p>(2) Applicants who have applied to the National Institution for Academic Degrees and Quality Enhancement of Higher Education for certification of bachelor’s degree</p> <ul style="list-style-type: none"> <li>· Acknowledgement of application for certification of bachelor’s degree issued by the National Institution for Academic Degrees and Quality Enhancement of Higher Education</li> </ul> <p>(3) Applicants enrolled in an advanced course at a technical college that meets the requirements set by the National Institution for Academic Degrees and Quality Enhancement of Higher Education as stipulated by Article 6, paragraph 1 of the Degree Regulations (Ordinance of the Ministry of Education No. 9 of 1953)</p> <ul style="list-style-type: none"> <li>· Certificate of prospective completion of the relevant advanced course</li> <li>· Certificate issued by the president of the technical college at which the applicant is enrolled showing that the applicant is scheduled to receive the relevant degree.</li> </ul>

(Notes)

I Among the documents required for the application, 4 , 5 and 6 a) is available from the website.  
Use black ballpoint pen for all application forms. Cross out mistakes with a double line and write the correction next to them.

II Leave the asterisked columns blank.

III Attach Japanese translations of certificates (except those written in Japanese and English) to the documents required for application.

IV Applicants who wish to have original certificates returned should note this when submitting the application forms. The university will make copies and return original certificates.

## **E Examination Fee**

1. Examination Fee  
30,000 yen
2. Payment Method  
Please submit payment for the examination fee by one of the methods shown below in accordance with the online application procedures.
  - a) At a convenience store
  - b) By credit card
  - c) By ATM (Pay-easy payment)/ Net banking  
\*Fees for Various payments shall be borne by the applicant.
3. Payment period
  - a) Summer Application  
From Monday, July 31, 2023 to Friday, August 4, 2023
  - b) Winter Application  
From Monday, December 18, 2023 to Friday, December 22, 2023
4. Refund of Examination Fee  
The Examination Fee shall not be refunded except in cases a) through c) described below. The amount of refund shall be equivalent to the amount of the Examination Fee. Refund of Examination Fee is made upon request. Applicants who fall into one of the following categories and who wish a refund are required to contact the Admissions Service Section, Educational Affairs Division, OPU by the end of the month in which the relevant examination is held to complete the necessary procedures (Examination Fee Payment Certificate is required for the procedure). For Case b), the Admissions Service Section, Educational Affairs Division, OPU will contact the relevant individual.
  - a) Applicants who paid the Examination Fee but did not submit the application documents
  - b) Applicants who paid the Examination Fee but whose application was not accepted
  - c) Applicants who have mistakenly paid the Examination Fee twice
5. Examination Fee Waiver Program  
Victims of the Great East Japan Earthquake (2011) or torrential rains in July 2018 are eligible for an examination fee waiver. When you are eligible for this program, please be sure to contact Admissions Service Section, Educational Affairs Division, OPU before you apply online. See our official website for details.

## **F Interview with the Master's Course Supervisor**

To discuss the content of research conducted in Master's Courses in the Graduate School of Health and Welfare Science, make appointments for interviews with the director and the supervisor of the master's course you wish to enter by the following deadlines. Applicants are also required to obtain approval from a course supervisor before submission.

1. Interview Date
  - a) Summer Application Monday, July 24, 2023
  - b) Winter Application Monday, December 11, 2023
2. The Supervisor  
(\*This system is scheduled for the 2024 academic year. Some conditions may change.)

(Master's Course of Nursing Science)

Courses	Name of Supervisor
Fundamental Nursing Science Course	MORIMOTO Michiko, Prof. OGINO Tetsuya, Prof. SATO Yoshie, Associate Prof. SASAKI Shinsuke, Associate Prof.
Developmental Nursing Science Course	SUMIYOSHI Kazuko, Prof. MIKANE Sakae, Prof. KITAMURA Shinji, Prof. NAGOSHI Megumi, Associate Prof. OKAZAKI Yuka, Associate Prof. MITANI Akemi, Associate Prof.
Broad Nursing Science Course	MORINAGA Yumiko, Prof. INOUE Sachiko, Associate Prof. TOKUSHIMA Yasuko, Associate Prof.

(Master's Course of Nutritional Science)

Courses	Name of Supervisor
Fundamental Nutritional Science Course	TAKAHASHI Yoshitaka, Prof. YAMAMOTO Toshiko, Prof. KAWAKAMI Takayo, Prof. KUBOTA Megumi, Prof. IRIE Yasuyuki, Prof. SHUTO Emi, Associate Prof.
Food Nutritional Science Course	ITO Hideyuki, Prof. TANAKA Koichi, Prof. YAMASHITA Hiromi, Prof. KAWAKAMI Yuki, Associate Prof. IKEGUCHI Motoya, Associate Prof.

(Master's Course of Health and Welfare Science)

Courses	Name of Supervisor
Health and Welfare Policy Course	KONDO Rie, Prof. IWAMITSU Kenji, Prof. KIMURA Hitoshi Associate Prof.
Social Work and Service Course	TAKEMOTO Yoshihito, Prof. MURAKOSO Takashi, Prof. NAKAMURA Hikaru, Prof. SAKANO Junko, Prof. KIRINO Masafumi, Associate Prof. OKURA Takashi, Associate Prof.
Health Related Social Service Course	TAKATO Jinro, Prof. RAKUGI Akiko, Associate Prof. SATO Yukari, Associate Prof.
Child Education and Science Course	AKUTSU Taichi, Prof. TAKAHASHI Tamiko, Prof. NIIYAMA Junko, Associate Prof. OBATA Chiharu, Associate Prof.

## G Preliminary Consultation for Disabled Applicants

Disabled applicants requiring special consideration while taking the examination or following enrollment are asked to contact the Admissions Service Section, Educational Affairs Division, OPU by the following deadlines.

Submit the application after receipt of notice of special measures for examinations and enrollment. Depending on the nature of the consultation, it may take some time to respond, so please consult with us as soon as possible. For more information, please visit the official website.

1. Summer Application Friday, July 14, 2023
2. Winter Application Monday, December 4, 2023

## H Notes Regarding Application Procedures

1. Ensure that all required documents are included in the application. Incomplete applications cannot be accepted.
2. Acceptance may be invalidated at any time if any information provided in the application documents is found to have been falsified.
3. Changes to applications will not be allowed after submission. In the case of a change of name, address or telephone number, applicants should notify the Admissions Service Section, Educational Affairs Division, OPU as soon as possible.
4. Application documents will not be returned.

5. Documents will be sent to the contact address specified by the applicant. Applicants filing from outside Japan are asked to specify a contact address in Japan.

## I Review of Qualifications for Application

Applicants wishing to apply for admission under Application Qualification 8, 9 or 10 are asked to submit the below-listed documents to the Admissions Service Section, Educational Affairs Division, OPU by the following deadlines for review of the relevant qualification, which must be completed before the application can be accepted. The results of this review will be announced to the applicant.

Applicants are also asked to schedule interviews with the director and supervisor of master's course they wish to enter before submitting their application.

1. Summer Application      Monday, July 24, 2023

2. Winter Application      Monday, December 11, 2023

Documents Required	Preparation Procedures
1. Application Form for Review of Qualification for Application	Use the prescribed Form and fill out completely.
2. Certificate of Graduation	Applicants who fall under Application Qualification 9 Certificate issued and sealed by the last school attended.
3. Transcripts	a) Applicants who fall under Application Qualification 8 Sealed transcripts issued by the director of the graduate school at which the applicant is enrolled. b) Applicants who fall under Application Qualification 9 Sealed certificate issued by the last school that the applicant attended. c) Applicants who fall under Application Qualification 10 Sealed transcripts listing the subjects, credits, grades, and any comments issued by the president or the dean of the university in which the applicant is enrolled.
4. Certificate of Prospective Credits to be Earned	Applicants falling under Application Qualification 10 enrolled in a university when submitting the application A document that shows the prospective credits to be earned by the third year in the department of the university at which the applicant is currently enrolled.
5. Enrollment certificate	Applicants who fall under Application Qualification 8 or 10 (Students enrolled at our university are exempt.)
6. Course handbook, student handbook, curriculum table, etc.	Applicants who fall under Application Qualification 10 (Students enrolled at our university are exempt.) Written details regarding credits required for graduation, course descriptions, content of lectures held at the faculty in which the applicant is enrolled.

7. Statement of research performance	Applicants who fall under Application Qualification 9 The prescribed Form is used to describe research performance associated with the applicant's major field.
8. Qualifications /Licenses	Applicants who fall under Application Qualification 9 Copies of various licenses associated with the applicant's major field that may be useful, and a brief explanation of each.

(Note)

- I Please download the "form provided" posted on our website.
  - II When the applicant is qualified to apply, both "2 Certificate of Graduation" and "3 Transcripts" are not necessary.
  - III Applicants falling under Application Qualification 10 must meet the following requirements:
    - A Acquire the required credits for graduation in all general education by the end of the 2<sup>nd</sup> year
    - B Acquire all 1<sup>st</sup> and 2<sup>nd</sup> year core subject credits by the end of the 2<sup>nd</sup> year
    - C Acquire a grade of 80% or higher in 80% or more of the required courses taken by the end of the 2<sup>nd</sup> year
    - D Anticipate having greater than the number of credits normally acquired by the end of the 3<sup>rd</sup> year (including required courses)
- However, applicants who fall into either of the following categories as of Monday, April 1, 2024 will be disqualified even after passing the entrance examination and completing the enrollment procedures:
- 1. Applicants who fail to achieve grades of 80% or more in 80% of the courses taken by the end of the 3<sup>rd</sup> year.
  - 2. When the actual number of credits acquired by the end of the 3<sup>rd</sup> year is less than the number of credits normally acquired. Students enrolling under Application Qualification 10 withdraw from their universities before graduation. For this reason they lose eligibility for national examinations that require a certificate of university graduation.

#### IV Examination Schedule

##### A Examination Date

Examination Date	Name of Subject	To be Seated	Exam Begins
a) Summer Application Wednesday, August 23, 2023	Foreign Language (English) or Special Subject (Oral Exam)	9:20 AM	9:30 AM
b) Winter Application Thursday, January 18, 2024	Special Subject/Interview or Interview	0:50 PM	1:00 PM

(Notes)

- I Applicants should enter the designated examination room (or waiting room for the special subject (oral exam), special subjects, interview) and be seated by the time shown in the table above. Examination and interview room numbers will be posted at the examination venue on the date of the examination and also on the website.
- II Applicants are permitted to enter the designated examination/interview room up to 30 minutes after the written examination/interview has started. However, the examination time will not be extended.
- III Applicants are not allowed to leave the examination room until the designated ending time.

IV Applicants who fail to take any of the subject examination or the interview will be eliminated from consideration.

## B Allocation of Points

Selection for admission is based on a comprehensive evaluation of applicant transcripts, examination of academic proficiency, statement of purpose for research, and interview.

Master's Course	Exam Type	Name of Subject	Points	Total
Nursing Science	Ordinary Exam	Academic proficiency (Foreign Language) (120 min.)	100	250
		Academic proficiency (Special Subject)	100	
		Interview	50	
	Special Exam	Academic proficiency (Foreign Language) (120 min.)	100	250
		Academic proficiency (Special Subject)	50	
		Interview	100	
Nutritional Science	Ordinary Exam	Academic proficiency (Foreign Language) (60 min.)	100	150
		Academic proficiency (Special Subject)	20	
		Interview	30	
	Special Exam	Academic proficiency (Foreign Language) (60 min.)	100	150
		Interview	50	
Health and Welfare Science	Ordinary Exam	Academic proficiency (Foreign Language) (120 min.)	100	300
		Academic proficiency (Special Subject)	100	
		Interview	100	
	Special Exam	Academic proficiency (Foreign Language) or Special Subject (Oral Exam)	100	200
		Interview	100	

(Notes)

- I Evaluation includes interview and screening of the transcripts and the statement of purpose for research.
- II Applicants are allowed to bring an English-Japanese dictionary into the examination room for the "Foreign Language (English)" examination. Electronic dictionaries, English-Japanese dictionaries of specialized terminology, dictionaries that include both English-Japanese and Japanese-English are prohibited. However, overseas students are allowed an English-Japanese dictionary as well as an English-native language (e.g. English-Korean) dictionary.
- III The special examination for the Health and Welfare Science course (adults students) is evaluated by "Special Subject (Oral Exam)" instead of the foreign language (English) examination.
- IV Special subjects included in the special examination for the Nursing Science Course are evaluated orally. The special subjects included in the special examination are not required for applicants to the Nutritional Science and Health and Welfare Science Courses.

## **C Examination Venue**

Okayama Prefectural University  
111 Kuboki, Soja-shi, Okayama Pref. 719-1197

## **D Precautions for Examination**

1. Belongings on the day of the entrance examination
  - a) At least five days prior to the day of the examination, we will announce that the Entrance Examination Admission Card is available for printing via the official OPU website and in an email sent to your registered e-mail address. Print this out and bring it with you. (A4 or letter sized, color, no expanding nor shrinking)  
If you haven't received the notification e-mail, you may print out the Entrance Examination Admission Card from the official OPU website.  
If it is less than five days prior to the examination date and the website is not showing a button for printing out the Entrance Examination Admission Card, please contact the Admissions Service Section, Education Affairs Divisions at OPU.
  - b) The Entrance Examination Admission Card must, according to the instruction the proctors, be put on the desk at the time of examination.  
Applicants who failed to bring their Entrance Examination Admission Card should have the temporary card issued at the Examination Headquarter without delay.  
The Entrance Examination Admission Card is necessary for Enrollment Procedures. Please keep it even after the examination.
  - c) Do not leave anything on the desk except an Entrance Examination Admission Card, pencils, mechanical pencils, an eraser, pencil caps, a manual pencil sharpener, a watch (sound function must be off), glasses, a handkerchief, tissues (without package), eye-drops, an English or applicants' native language-Japanese dictionary, and a thumb stall.  
Proctors may confiscate items not listed above until the end of the examination.
  - d) Examinees are not allowed to use such electronic devices as mobile phones, smartphones, or wearable appliances during taking examination. Never fail to turn off those devices and alarm function before entering the examination/interview waiting room. If an examinee's mobile phone or other device makes a sound during the examination, proctors will remove it from the room, and hold it at the examination headquarters until the end of the relevant examination.
  - e) In order to identify the examinee, proctors may ask you to remove masks and/or hats.
  - f) Examinees are prohibited from borrowing any items from other examinees during the examination (or interview waiting room).
  - g) Examinees are allowed to read any books except for digital books or drink water during waiting for the interview, however examinees must obtain permission from the proctor to do so in advance.
  - h) As the canteen and the campus shop are closed on the examination day, please bring your lunch, if necessary.
  - i) If an examinee left something carelessly in the campus, we will keep it for a certain period since the examination day. However, it will be abolished after the certain period.
2. Dishonest behavior
  - a) Examinee who behaved dishonestly are ordered to stop taking examination and leave the room at once. S/he cannot continue the examination and all the result shall become invalid. In addition, depending on the nature of the dishonest behavior, we may submit an incident report to the police.

Dishonest behaviors are:

- |  |
|--|
| <ul style="list-style-type: none"><li>• Intentionally providing false information on the Admission Application Form, Entrance Examination Admission Card, Photo Card for Entrance Examination Admission, or Answer Sheet</li><li>• Cheating</li><li>• Providing answers to other examinees or helping other examinees to cheat.</li><li>• Bringing the examination questions paper out of the examination room before the examination ends</li><li>• Bringing the answer sheet out of the examination room before the examination ends</li></ul> |
| <ul style="list-style-type: none"><li>• Opening the examination questions or answering before being told to start answering.</li><li>• Using electronic devices, including mobile or smart phones and wearables during the examination period.</li><li>• Continuing to answer questions after being told to stop.</li></ul>  |

b) Behavior described below may also be deemed dishonest; Examinees who do not follow instructions or deemed to be dishonest will be treated as above a).

- |   |
|---|
| <ul style="list-style-type: none"><li>• Wear or holding electrical devices, including mobile or smart phones and wearables without permission during the examination period.</li><li>• Interfering during the examination by the sound of mobile phones and watches (ring tone, alarm, vibration, etc.).</li><li>• Making false announcements regarding the examination to be advantageous for him/herself or other examinees.</li><li>• Disturbing other examinees at the examination venue.</li><li>• Disregarding instructions given by proctors.</li><li>• Behavior that may spoil the fairness of the examination.</li></ul> |
|---|

3. Others

- a) In the event of unforeseen circumstances (natural disaster, etc.) that prevent administration of the examination on the predetermined schedule or necessitate emergency contact with applicants, the university will post information on the official OPU website (see the address shown on the back cover of these guidelines).
- b) Any other information will be sent to the e-mail address registered with the online application system.

## V Announcement of Successful Applicants

### A Announcement Date

<b>Summer Application</b>	<b>10 a.m., Friday, September 1, 2023 (JST)</b>
<b>Winter Application</b>	<b>10 a.m., Friday, January 26, 2024 (JST)</b>

### B Announcement Procedures

The ID numbers of successful applicants and the method of obtaining a letter of acceptance are shown on the official OPU website (hereinafter, "Examination Result Announcement Page"). (No announcement will be posted on the bulletin board.)

In addition, an official letter of acceptance will be sent to the successful applicants by post.

We do not respond to any inquiries via telegram, telephone, mail, e-mail, or etc.



(Note) We have nothing to do with any persons who deal with sending notification of acceptance in campus on the day of Exam. Please note that we do not take responsibility for this matter.

## VI Enrollment Procedures

### A Enrollment Steps

Please check the Examination Result Announcement Page for details regarding enrollment procedures. Detailed enrollment procedures along with the letter of acceptance will be sent to the designated address of successful applicant by post.

Submit the documents described in paragraph (4) below by registered express mail.

However, you may bring those documents only on the last day of the enrollment procedure period, between 9:00 and 17:00.

When you bring those documents in person, please make it sure to contact Entrance Examination Team, Admissions Service Section by the day before you bring them.

### B Enrollment Procedure Period

<b>Summer Application</b>	<b>From Monday, September 11, 2023 to Wednesday, September 13, 2023</b> <b>(Due no later than the last day)</b>
<b>Winter Application</b>	<b>From Thursday, March 14, 2024 to Friday, March 15, 2024</b> <b>(Due no later than the last day)</b>

### C Where to Complete Enrollment Procedures:

Admissions Service Section, Educational Affairs Division

Okayama Prefectural University

111 Kuboki, Soja-shi, Okayama Pref. 719-1197

### D Documents Required for Enrollment

Documents Required for Enrollment	Preparation Procedures
1. Entrance Examination Admission Card	
2. Pledge	Fill out the <u>prescribed Form</u> and affix your seal or signature.
3. Certificate of Residence (Application for Certification)	“Okayama Prefecture Residents” in VII-A-1 are required to submit this certificate. Fill out the <u>prescribed Form</u> (not the form used by the local government) and have it approved by your relevant local government office.
4. Entrance Fee	Applicants are required to remit the amount listed in VII-A.
5. 1 photo (For student ID card)	The master’s course and the applicant’s name should be written on the reverse side of a 4cmHx3cmW color photos (front upper body, no hats, and no background scenery)
6. Certificate of Graduation (Diploma)	Required for applicants who take the examination prior to the graduation and who fall under either of the following qualifications (Applicants from our university are exempt.) · Qualification 1 to 6: Certificate of graduation or diploma · Qualification 10: Transcripts

(Notes)

I Please check the Examination Result Announcement Page for the form provided by OPU.

II Certificate of graduation, etc. described in 6 are used to verify the applicant’s qualification for admission (Application Qualifications 1 to 6, and 10 shown in above 2. Relevant applicants must submit this by Sunday, March 31, 2024.

## E Enrollment Procedure Precautions

1. Enrollment procedures must be completed by the specified date. Applicants who fail to complete the procedure by the specified date will be deemed to have declined enrollment.
2. Incomplete documents required for enrollment will not be accepted.
3. Documents required for enrollment that arrived after the enrollment procedure period will not be accepted.
4. Enrollment documents will not be returned.
5. Applicants who lack the relevant qualifications as of Monday, April 1, 2024 will not be admitted.

## VII First-Year Payment

### A Entrance Fee

Payment of the entrance fee is required at the time of enrollment.

1. Okayama Prefecture Residents **188,000 yen**
2. Non-residents **282,000 yen**

(Notes)

I “Okayama Prefecture Residents” are defined as either:

A Individuals residing in Okayama Prefecture since April 1, 2023 or

B Individuals whose spouse or first-degree relative has resided in Okayama Prefecture since April 1, 2023.

II “Okayama Prefecture Residents” are verified by a Certificate of Residence issued by the mayor of the relevant local government office.

Individuals subject to Note 1-b) or who have moved within Okayama Prefecture after April 2, 2023 must contact the Admissions Service Section, Educational Affairs Division, OPU to submit additional documents.

III When the Entrance fee is revised, the revised amount of Entrance fee shall be applied.

IV Entrance fees shall not be refunded except for A , B, to C described below. The amount of refund shall, if it is admitted to be refundable, be equivalent to the amount of the entrance fee. Refund of the entrance fee is made upon request from the person who paid the fee. Individuals who fall into any of the following cases and wish a refund must contact the Admissions Service Section, Educational Affairs Division, OPU by March 19(Tues),2024 to complete the required procedures (Entrance Fee Payment Certificate is required). For Case b), the Entrance Examination Team, Admissions Service Section, Okayama Prefectural University will contact the relevant individual.

A Individuals who have paid the entrance fees but did not submit the enrollment documents

B Individuals who have paid the entrance fees but could not complete the enrollment procedures

C Individuals who have mistakenly paid the wrong amount of entrance fee

### B Tuition

1. Amount (Yearly amount) **535,800 yen**
2. Ways of payment Tuition will, after enrollment, be paid in two installments for the first semester and the second semester.
3. Time for payment First semester; the end of July/ Second semester; the end of Nov.

(Note) The tuition is basically paid by account transfer. Please follow the necessary steps at the time of enrollment. Tuition paid will not be refunded. When the tuition is revised, the revised amount of tuition shall be applied.

### C Insurance Fee, Supporter's Association Fee, Alumni Association Fee

#### 1. Amount

Master's Course	Insurance Fee*	Supporter's Association Fee	Alumni Association Fee
Nursing Science	2,790 yen (for 2 years)	42,000 yen Admission fee 20,000 yen + Membership fee (for 2 years) 22,000 yen	10,000 yen
Nutritional Science Health and Welfare Science	2,470 yen (for 2 years)		

\*Fees for the Personal Accident Insurance for Students Pursuing Education and Research (Gakkensai), and Insurance for Accidents Involving Third Parties or Their Property for Students Covered Under Gakkensai provided by the Japan Educational Exchanges and Services (JEES) (Note)OPU undergraduate or graduate school graduates or prospective graduates are not required to pay the supporter's association enrollment fee or alumni association fee (underlined).

#### 2. Payment Method

Please pay by bank transfer when enrolling. The amount is refundable if enrollment is declined.

(Note) Payment method for the fees for insurance, supporter's and alumni associations will be announced separately.

### VIII Degree Field Appended on the Master's Diploma

Upon satisfactory completion of the requirements for graduation from the Graduate School of Health and Welfare Science at Okayama Prefectural University, students are awarded a master's degree. The degree field appended on the master's diplomas are as follows:

Master's Course of Nursing Science    **"Nursing Science"**

Master's Course of Nutritional Science   **"Nutritional Science"**

Master's Course of Health and Welfare Science   **"Health and Welfare Science"**

### IX Subject Registration for Adult Students

A In order to add convenience for adult students to take master's courses, the students may, if admitted to be necessary, take research guidance not only in the daytime but also in the evening time (on Saturdays or Sundays, In summer holidays or winter holidays). [In cases where Special Programs for teaching (day/evening courses) provided by the Standards for Establishment of Graduate Schools (order of the Ministry of Education, Science and Culture No. 28, 1974), Article 14 is applied.] Even in this case, however, that Division of Nutritional Science lectures and seminars only in the daytime. Please make it sure to consult with your employer before applying. Those students who wish to have research guidance in the evening should consult with his/her supervisor in advance.

B Based on the Standards for Establishment of Graduate Schools, Article 15, register extending system may be applied to working students or those who have difficulties in completing their program within a usual period.

In order to become a long-term registration student, s/he must apply for the system beforehand and be approved by the graduate school. Once approved, s/he cannot extend the period of registration or cancel the system, or apply for exemption or postponement of tuition any longer. Therefore the student should consult with the supervisor prior to application for the system.

## **X Security Export Control**

Okayama Prefectural University performs the security export control based on "Foreign Exchange and Foreign Trade Act" so that education and study contents to foreign students do not obstruct maintenance of international peace and the security.

International applicants who fall under any of the conditions set out in said regulations may be unable to enter their desired course or program.

## **XI Scholarships and Tuition Exemptions**

Consultation and advice on scholarships and tuition exemptions are available following enrollment. Please contact the Student Support Team, Admission Service Section, Okayama Prefectural University.

## **XII Important Points for Eligibility to Take the National Public Health Nursing Examination for Students Enrolled in the Master's Course of Nursing Science**

Among newly enrolled students of the Master's Course of Nursing Science, 7 students will be able to obtain qualifications for taking the National Public Health Nursing Examination after taking 31 credits of the subjects required for becoming a public health nurse in addition to the 30 credits of the course completion requirement. Students wishing to apply for consideration must submit copies of their nursing license, national nursing exam certificate, certificate of eligibility for the national nursing exam, or transcripts showing satisfactory completion of the required subjects for an undergraduate degree in nursing to the Director of the Master's Course of Nursing Science immediately after enrollment.

## **XIII Personal Information**

Personal information obtained through the selection of entrants, etc. shall be handled in Accordance with the Act on the Protection of Personal Information (At No.57, 2003), and Okayama Prefectural University rules, and used only for the following matters:

1. The personal information shall be used for selecting applicants (application process, screening), announcement of successful applicants, enrollment procedure, and auxiliary business. In addition, such personal information as exam performance shall be used to research and investigate for considering selecting method or improving university education. In such cases, we process the personal information not to identify the individual.
2. After completion of enrollment procedure, the personal information shall be used for educational affairs (student registration, educational instruction), student support affairs (health care, tuition waiver, applying scholarship, student placement, etc.), and collecting tuition.
3. The personal information of successful applicant shall be used by the alumni and supporters' associations to provide information related to their official activities.
4. A part of the businesses mentioned above may be entrusted to outside business operator. In such cases, we will provide all or a part of the personal information to the party concerned at the extent necessary to perform businesses.

## **Invitation from the Graduate School of Health and Welfare Science (Master's Courses), Okayama Prefectural University**

The need for programs in preventive healthcare, and health and welfare in a society facing a low birthrate and an aging population is clear. To meet these and other needs, we established the first graduate school integrating health and welfare science, nursing science and nutritional science in Japan in April 1997.

We invite not only those who have completed undergraduate programs in nursing, public health, midwifery, nutrition, social work, psychiatric social worker, care, early childhood education and other health-related areas, but also those in other fields who have an interest in health and welfare and a desire to participate in education and research to improve their expertise and skills as professionals with the goal of becoming researchers, educators, leaders, administrators and practitioners involved in addressing the problems facing society as we move into the future. The curriculum at our graduate school is designed to equip students with the knowledge and skills required to solve problems while helping them to develop a broader perspective and deepen their experience through opportunities for learning and research provided in each master's course, and through the chance to exchange information and experience by participating in lectures and activities common to the graduate school's three master's courses as well as special subjects offered by other master's courses to enhance their respective specialties.

I	Overview of the Master's Course of Nursing Science	• • • • •	19
II	Overview of the Master's Course of Nutritional Science	• • • • •	22
III	Overview of the Master's Course of Health and Welfare Science	• • • • •	25

## **I Overview of the Master's Course of Nursing Science**

Due to Japan's low birthrate and its rapidly aging population, progress in medical technology, the advancement of globalization, and the diversification of values, we are under pressure to review our systems for the delivery of preventive healthcare, and health and welfare. The response to these social needs requires motivated human resources with fundamental research skills and interdisciplinary knowledge in the nursing sciences as well as the ability to develop theories, assistive technology and systems capable of addressing the challenges we face for the future. Our Master's Course of Nursing Science provides opportunities for education and research with the goal of cultivating human resources capable of leading innovation and the search for practical solutions in nursing science. The Broad Nursing Science Course offers classes that nurture professionals with the knowledge and practical skills essential for national public health nursing examinations.

### **A Overview of Courses**

#### **1. Fundamental Nursing Science Course**

The focus of this course is the nursing theory that forms the foundation of various nursing practices and human care as expressive skills. We provide education and research from various perspectives with the aim of establishing evidence that supports theories, principles and practice as a basis for the scientific and theoretical development of nursing science.

#### **2. Developmental Nursing Science Course**

The aim of this course is the cultivation of leaders with a combination of practical, research and educational skills in the areas of nursing science that support lifelong health.

In the area of maternal nursing science, we are aiming to establish a special maternal nursing science to pursue a methodology of the care for women and their families and a system to support the associated practices from both of theoretical and practical sides.

In the area of adult nursing science, we are providing education and research based on an interdisciplinary approach from both theoretical and practical perspectives to pursue creation of a care system especially in the fields of care for patients with chronic diseases and with cancers and circulatory diseases as well as those in a perioperative period.

In the area of adult nursing science, we are providing education and research based on an interdisciplinary approach from both theoretical and practical perspectives to pursue creation of a care system especially in the fields of care for patients with chronic diseases and with cancers as well as those in a perioperative period.

In the area of gerontological nursing science, we are aiming to establish a special gerontological nursing science to pursue a methodology of the care for elderly people and their families and a system to support the associated practices from both of theoretical and practical sides.

#### **3. Broad Nursing Science Course**

This course seeks to cultivate leaders capable of applying practical and research skills in the area of community health nursing (public health nursing, home nursing) and mental health nursing science).

In the area of public health nursing science, we pursue a methodology, evaluation and system for innovative care dealing with health problems in the area of public health nursing and home health nursing. To obtain candidacy of the national public health nursing examinations, students study public health nursing, epidemiology, public health statistics, Health and Welfare Administration and Finance, etc. to build practical skills and policy proposal abilities.

In the area of mental health nursing science, we seek mental healthcare based on an interdisciplinary approach from both theoretical and practical perspectives.

**B Nursing Science Major Research Themes**

FY 2024 preliminary curriculum

	Supervisor	Major Research Themes
Fundamental Nursing Science Course	OGINO Tetsuya, Prof.	1.Life science that healthcare professionals should know 2.Changes in organism and response analysis in nursing practice 3.Functional modification of cellular tissue by oxidative stress
	MORIMOTO Michiko, Prof.	1.Creation of guidelines for protective wear for new or imported infectious diseases at clinical sites 2.Nursing care for nosocomial infections (Environmental improvement, etc.) 3.Development of antibiotic action and relaxation effects of perilla for nursing care
	SATO Yoshie, Associate Prof.	1.Research on basic nursing education
	SASAKI Shinsuke, Associate Prof.	1. Research on scientific grounds of nursing care/nursing skills 2. Measuring method development of visualized biological information 3. Development of new nursing assistance tools
Developmental Nursing Science Course	SUMIYOSHI Kazuko, Prof.	1. Research on patients care with diabetes 2. Research on patient education
	KITAMURA Shinji, Prof.	1. Artificial intelligence (AI) research in the fields of medicine, nursing, health and welfare 2. Research related to internal medical management on nursing 3. Research related to chronic kidney disease and hemodialysis / peritoneal dialysis management on nursing
	OKAZAKI Yuka, Associate Prof.	1.Study of adolescent healthcare 2.Research on child rearing support 3.Research on the issues encountered during each stage of the female lifecycle 4. Research on midwifery education
	NAGOSHI Megumi, Associate Prof.	1.Research on support for making decisions during therapeutic and palliative care periods for families of and patients with chronic diseases such as cancer and cardiac failure 2.Research on vocational identities of nurses and organizational development 3.Research on the response to sudden changes in the elderly, care givers, etc.
	MIKANE Sakae, Prof.	1.Research on ethical issues in practical nursing care 2.Research on end-of-life care 3.Research on extending seniors' health life
	MITANI Akemi, Associate Prof.	1. Research on mental health support for mothers and fathers during the child rearing period 2. Research on the influence of baby massage on the process of developing maternal feelings

	Supervisor	Major Research Themes
Broad Nursing Science Course	MORINAGA Yumiko, Prof.	<ol style="list-style-type: none"> <li>1. Development of assessment guide for child abuse prevention from the perspective of studies on fathers</li> <li>2. Research on in-service training for and cultivation of public health nurses</li> <li>3. Research on public health activities and support for victims at the time of disaster</li> <li>4. Research on empowerment and pro bono activities by regional organizations</li> </ol>
	INOUE Sachiko, Associate Prof.	<ol style="list-style-type: none"> <li>1. Research on support for individuals with mental disease and developmental disorders, and their supporters</li> <li>2. Epidemiological research on mental health of children, workers, and residents</li> <li>3. Research on mental health education for children</li> </ol>
	TOKUSHIMA Yasuko, Associate Prof.	<ol style="list-style-type: none"> <li>1. Research on the prevention of social frailty using online resources</li> <li>2. Research on healthcare behaviors in the elderly in the community</li> <li>3. Research on factors related to goal achievements in newly hired public health nurses</li> </ol>



## **II Overview of the Master's Course of Nutritional Science**

Seeking to prevent and improvement lifestyle diseases such as obesity, diabetes, and hyperlipidemia, which have become increasingly problematic in recent years, we conduct epidemiologic research in workplaces and in the community, examine the relationship between dietary habit and disease, and develop functional foods. Students work to establish methodologies using biochemistry and molecular biology, and to solve vocational and health issues using the established methodologies.

Our master's course offers two courses, Fundamental Nutritional Science and Food Nutritional Science.

### **A Overview of Courses**

#### **1. Fundamental Nutritional Science Course**

This course focuses on research and education aimed at understanding the series of life processes from nutrition/ food intake to metabolism at the genetic, molecular, individual, and group level, and build capabilities in the development and expansion of unknown theories. In this course, students will discover new physiology of physiologically active substances generated through the lipid metabolism and protein using cutting edge biochemistry, molecular biology, and cell biology technologies. Students also work to clarify the relationships between inflammatory disease, arterial sclerosis, and the deterioration of brain function caused by aging. Furthermore, students conduct applied research including the development of management tools that allow the use of results in the alleviation of the symptoms of allergies and in the nutritional management of lifestyle diseases, including cancer and dementia. Through education and research, this course aims to cultivate leading managerial dietitians capable of linking fundamental nutritional science to clinical practice and research to play active roles in the field of nutritional science at educational and research institutions.

#### **2. Food Nutritional Science Course**

In recent years the consumers and producers are showing more interest in information on maintaining the safety and effectiveness of food, information about the establishment of laws regarding functional food such as Food for Specified Health Uses and Food with Functional Claims, and information such as social issues concerning food safety, including food poisoning. According to these social background, this course provides education and research aiming at the discovery of new functional food compositions and the development of its material using natural product chemistry, food science, and molecular genetic approach based on nutritional science, and besides at cultivating evaluation method for food safety based on solving cause and preventing food poisoning and searching for food material having safety and high-functioning for the purpose of health enhancement and disease prevention. This course aims to nurture human resources capable of taking a leading role in food-related companies, educational research institutions, and administrative agencies as experts in nutrition and food with both exuberant creativity and problem-solving abilities as well as highly specialized knowledge and skills in the field of nutritional science involving research and development of functional food.

**B Nutritional Science Major Research Themes**

FY 2024 preliminary curriculum

	Supervisor	Major Research Themes
Fundamental Nutritional Science Course	TAKAHASHI Yoshitaka Prof.	1. Essential fatty acids and their metabolizing enzymes 2. Bioactive lipids and their pathophysiology
	YAMAMOTO Toshiko, Prof.	1. Study on food functionality for prevention of chronic diseases 2. Novel nutritional significance of lipid components in milk 3. Histochemical study on synthesizing enzymes of bioactive lipids in homeostasis and disease
	KAWAKAMI Takayo Prof.	1. Study of liver diseases and lipid nutrition 2. Study of the development of nutrition evaluation indicators in education of nutrition and health
	KUBOTA Megumi, Prof.	1. Research on the heredity factor and environmental factor of osteoporosis 2. Study of dietary education utilizing the characteristics of school lunch by life stage
	IRIE Yasuyuki, Prof.	1. Analysis of Functions of new tumor suppressor, Amida 2. Research on chronic kidney disease, CKD model, using extension cultivation stimulation model
	SHUTO Emi, Associate Prof.	Elucidation of the mechanism of food functional ingredients that suppress cancer stem cells and their application to nutritional management.

	Supervisor	Major Research Themes
Food Nutritional Science Course	ITO Hideyuki, Prof.	<ol style="list-style-type: none"> <li>1. Isolation and characterization of bioactive natural products</li> <li>2. Analysis of bioactive food components</li> <li>3. Bioavailability of functional polyphenols</li> </ol>
	TANAKA Koichi, Prof.	<ol style="list-style-type: none"> <li>1. Searching for and cultivation of microorganisms to manufacture fermented food products with new characteristics and functions</li> <li>2. Searching for and cultivation of microorganisms for efficient biomass energy production</li> </ol>
	YAMASHITA Hiromi, Prof.	<ol style="list-style-type: none"> <li>1. Skeletal muscle function on energy metabolism</li> <li>2. Functional food factors associated with skeletal muscle function, energy metabolism, and anti-aging.</li> <li>3. Functional food factors associated with prevention of muscle atrophy and life style-related diseases</li> </ol>
	KAWAKAMI Yuki, Associate Prof.	<ol style="list-style-type: none"> <li>1. Research on food constituent's mechanism of action and application to lifestyle-related disease</li> <li>2. Molecular biological research on arachidonate cascade</li> </ol>
	IKEGUCHI Motoya, Associate Prof.	<ol style="list-style-type: none"> <li>1. Development of functional food (food with health claims, health food, dietary supplements, etc.); Research on dose extrapolation from animals to human, Clinical research</li> <li>2. Research on systematic reviews for and meta-analysis approaches to functional material search and functional food development; Research on Japanese and overseas legal systems regarding functional food</li> <li>3. Surveys on consumer psychology and behavior, market and marketing, and development of concepts regarding functional food</li> </ol>

### **III Overview of the Master's Course of Health and Welfare Science**

The super aging society of the 21st century requires social system design principles and methodologies for the realization of physically, mentally, socially healthy and affluent lives and the improvement of quality of life through the human lifecycle, with or without disease or disability. Our Master's Course of Health and Welfare Science is promoting research into true lifelong welfare centered on human health. Accordingly, the master's course offers courses oriented toward the three areas mentioned below to provide opportunities for education and research through the pursuit of the respective specialties and mutual collaboration: 1) theorization of collaboration and integration between health, welfare and medical services, the establishment of health and welfare assistance policies and pursuit of a social adjustment theory in light of the characteristics of disabilities; 2) development and theorization of clinical technology and care management to achieve the well-being of children, the disabled and the elderly, including pursuit of concrete and practical approaches; 3) pursuit of theories and approaches which lead to health and welfare practices based on the scientific analysis of mental/ physical characteristics related to adaptive behaviors by a variety of people, including children, the disabled and the elderly; and 4) pursuit of theories and practical approaches regarding infant and child education.

#### **A Overview of Courses**

##### **1. Health and Welfare Policy Course**

This course systematically analyzes the actual status of health and welfare assistance for children, the elderly and disabled with a focus on the various issues that arise in a society with a low birthrate and an aging population, and the formation process of a long-lived society.

Furthermore, to respond to requests for the establishment of a care system that corresponds to health maintenance, disease and disability through collaboration among health, welfare and medical services, this course provides education and research required to pursue health and welfare assistance policies required by government agencies and institutions along with planning and evaluation.

##### **2. Social Work and Service Course**

This course helps students acquire the interdisciplinary skills and advanced specialized knowledge needed to provide assistance activities to individuals with physical, mental or social problems. Keeping the fact in mind that the qualitative aspects of such activities have been brought into question due to past quantitative responses, this course provides education and research required for the development and practice of assistance technology necessary for local governments, including medical institutions, facilities for disabled adults/children, nursing homes and child welfare institutions.

##### **3. Health Related Social Service Course**

There is a growing need for health and welfare assistance that fits each stage of the life cycle. Satisfying this need requires the ability to analyze activities in the context of the living environment and the characteristics of individual disabilities. This course provides education and research required to develop objective evaluation methods for physical and psychological functions to promote adaptation to the environment by disabled adults/ children and the elderly, and the implementation and development of methods for research and practical situations.

##### **4. Child Education and Science Course**

With the environment surrounding children changing dramatically due to the declining birthrate and increasing numbers of women entering the workforce, providing education that nurtures children's potential, and supports their sound physical, psychological and social growth has become even more important. This is designed to equip students with specialized knowledge and methodologies that allow them to identify and address practical issues in child science and education as they become ready to pursue careers in advanced research and education.

**B Health and Welfare Science Major Research Themes**

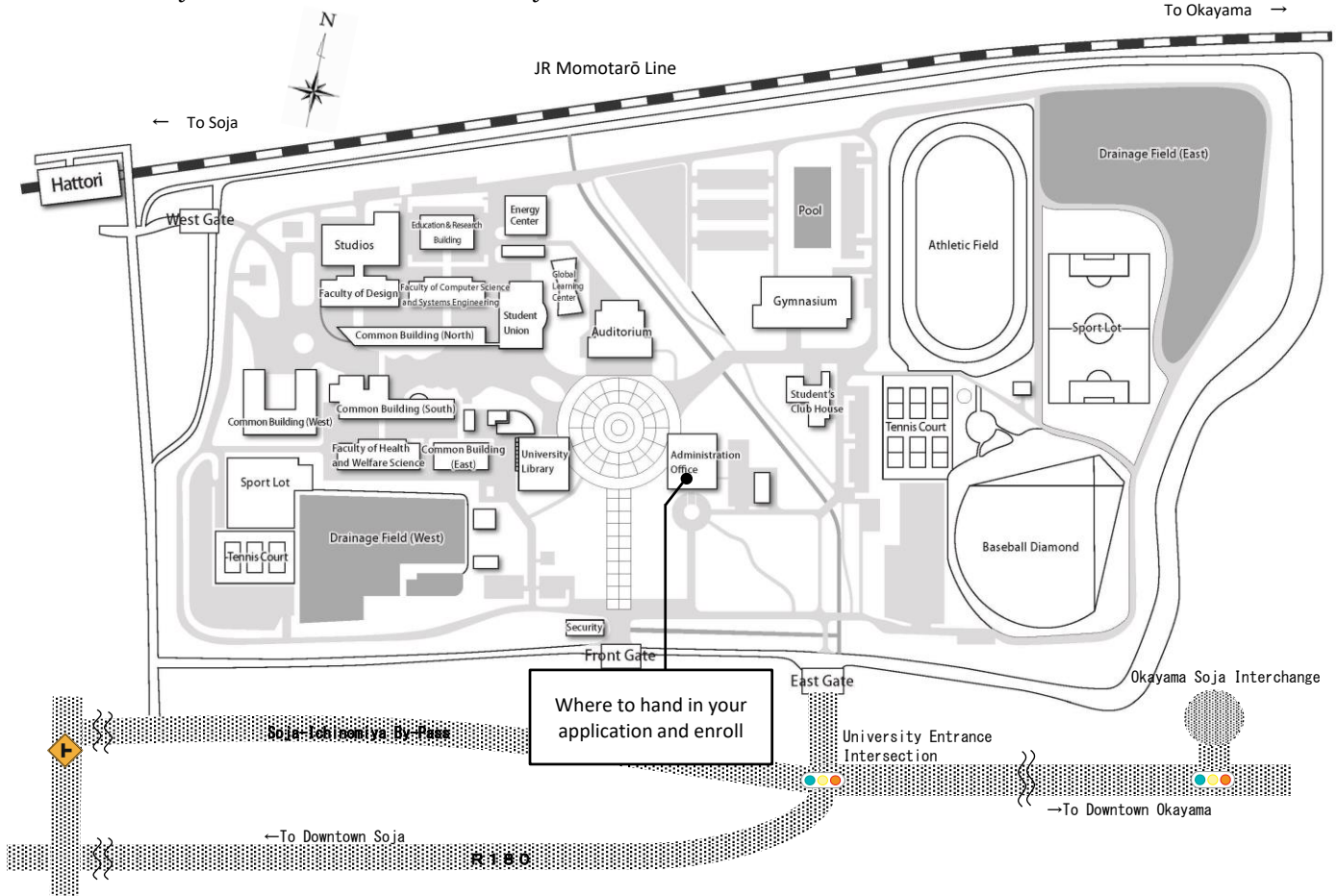
FY 2024 preliminary curriculum

	Supervisor	Major Research Themes
Health and Welfare Policy Course	KONDO Rie, Prof.	1. Research on comparison between Japan, Korea, and France of child poverty, single parent family, child abuse, DV, foster parent, adoption, and bullying 2. Research on cooperation between educational administration and welfare administration
	IWAMITSU Kenji, Prof.	Town development through support for individuals (youth and disaster victims) living in poverty
	KIMURA Hitoshi, Associate Prof.	Research on welfare industry management
Social Work and Service Course	MURAKOSO Takashi, Prof.	1. Research on social work related to seniors' loneliness prevention 2. Research on employment support for with intellectual disabilities
	NAKAMURA Hikaru, Prof.	1. Research on the development and aging of languages and recognition 2. Research on assessment and intervention of neurogenic communication disorders (aphasia, higher brain dysfunction and dementia)
	SAKANO Junko, Prof.	1. Research on Life Skill of the mentally disabled 2. Research on Sense of Coherence in mental health and welfare
	TAKEMOTO Yoshihito, Prof.	1. Research on human resource cultivation and management models utilizing supervision under high-stress environments 2. Research on financial conditions of individuals with dementia and their family caregivers, and the utilization of social security systems
	KIRINO Masafumi, Associate Prof.	1. Research on support for family caregivers 2. Research on work-life balance and integration of family caregivers
	OKURA Takashi, Associate Prof.	1. Research on support methods by relationship (spouse, parent, child, brother or sister) for families of individuals who commit suicide 2. Research on occupation- and role-based support methods employed by community-based support organization staff for families of individuals who commit suicide

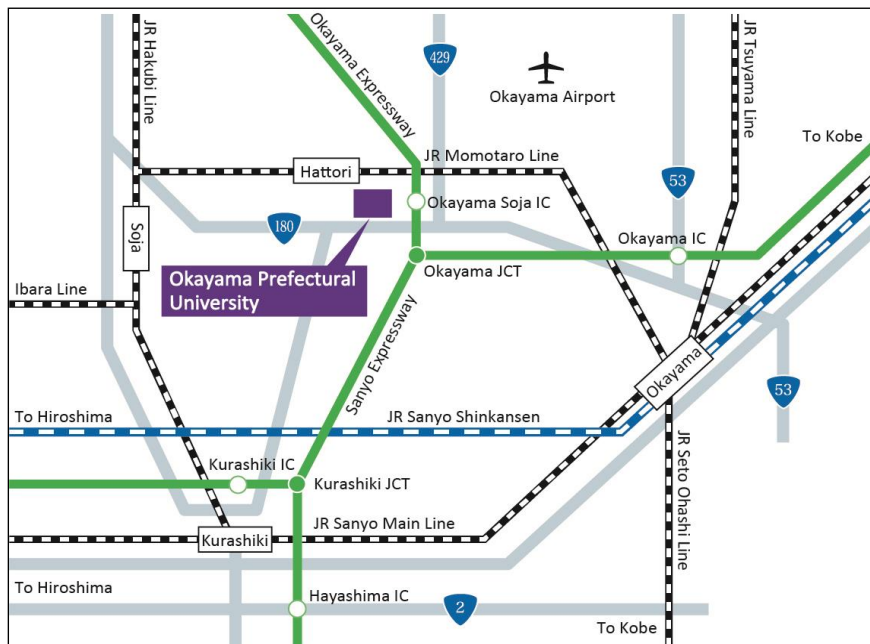
	Supervisor	Major Research Themes
Health Related Social Service Course	TAKATO Jinro, Prof.	<ol style="list-style-type: none"> <li>1. Research on mobility support for individuals with visual impairment</li> <li>2. Research on preventing or delaying the need for nursing care for the elderly</li> </ol>
	RAKUGI Akiko, Associate Prof.	<ol style="list-style-type: none"> <li>1. Research on group dynamics for clinical-psychological problems</li> <li>2. Action research regarding self-governance by residents in depopulated rural communities</li> </ol>
	SATO Yukari, Associate Prof.	<ol style="list-style-type: none"> <li>1. Research on partnership with individuals with dementia</li> <li>2. Research on evacuation behaviors of individuals requiring assistance during disasters</li> <li>3. Basic research on skill improvement of health and welfare professionals</li> </ol>
Child Education and Science Course	AKUTSU Taichi, Prof.	<ol style="list-style-type: none"> <li>1. Musical development and communication in the lives of young children</li> <li>2. Curriculum design and assessment in music education (especially in the realm of early childhood education, strings education, and distance education)</li> </ol>
	NIIYAMA Junko, Associate Prof.	<ol style="list-style-type: none"> <li>1. Research on dance curriculum</li> <li>2. Research on methods of teaching physical expression activities for children</li> <li>3. Research on dance and life-long education</li> </ol>
	TAKAHASHI Tamiko, Prof.	<ol style="list-style-type: none"> <li>1. Research on involvement with nature in childhood</li> <li>2. Research on environmental and disaster control education in infancy</li> <li>3. Practical research regarding cooperation among kindergartens, nursery schools, and elementary schools</li> </ol>
	OBATA Chiharu, Associate Prof.	<ol style="list-style-type: none"> <li>1. Research on the psychological connection (human bond) between parents and children</li> <li>2. Research on development and mental health in infants and pre-school children</li> </ol>

# Map to Examination Venue Okayama Prefectural University

**NO SMOKING ALLOWED ON THE CAMPUS**



## Examination Venue Guide



### <Transport>

A 5 minute walk from JR Momotarō Line Hattori Station (takes approximately 30 minutes from JR Okayama Station and 8 minutes from JR Soja Station)  
 Approximately 2.5km from the Okayama Expressway, Okayama Soja Interchange.  
 Approximately 18km from the center of Okayama city (via Route 180) and 12km from the center of Kurashiki city (via Route 429).

**Where to contact concerning application, entrance examination and other information**

Admissions Service Section, Educational Affairs Division  
Okayama Prefectural University  
111 Kuboki, Soja-shi, Okayama Pref. 719-1197, Japan  
Phone: +81-866-94-9163 (Direct Number)  
+81-866-94-2111 (Main Number)

Website            <https://www.oka-pu.ac.jp/>  
e-mail address    [nyushi@oka-pu.ac.jp](mailto:nyushi@oka-pu.ac.jp)